Household Chores

Safety Hints for Window Cleaning Work

Occupational Safety and Health Council – Training Course on General Safety for Domestic Helpers

There are quite a number of Hong Kong families employing domestic helpers to help with their household chores. Both the employers and the domestic workers shall attach importance to household chore safety. This course aims at providing domestic helpers with key occupational safety and health knowledge and related precautionary measures for accident prevention.

Course Content
1. Responsibilities of employer and domestic helper on occupational safety and health
2. Control measures for common hazards in household chores
3. Reporting of accidents
4. Basic first aid techniques
5. Demonstration and use of personal protective equipment
6. Case studies and discussion

Course Duration 3.5 hours

Instruction Language
English supplemented with English course material / Cantonese with Indonesian Interpretation and English course material

Prerequisites
abilities to read and write in English / Indonesian

Course fee $160

Enquiries for the course: 2311 3322
Introduction
The household chores may look simple and straightforward. However, there are potential risks and hazards present in the home environment. This flyer highlights the safety hints for window cleaning work which aims to improve the safety awareness and knowledge of the cleaners, and to enhance their work safety.

Safety Hints for Window Cleaning Work

- Must stand on floor while cleaning windows without grilles
- Install secured window grilles as far as practicable and keep them closed while cleaning windows
- Use proper tools with long handle where necessary
- Must not stretch body out of windows
- Must not lean against windows or window grilles