

Occupational Health Public Talk

April 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: <u>www.oshsreg.gov.hk/en</u> Enquiry: 2852 4040



	Health Talk (1)		Health Talk (2)		
Topic:	Occupational Safety and Health for	Topic:	Noise Hazards & Prevention of Hearing Loss		
	Confined Space Workers	Content:	Introduces the Factories and Industrial		
Content:	To enhance workers' OSH awareness in		Undertakings (Noise at Work) Regulation,		
	confined spaces, the talk will explain the		the Occupational Deafness Compensation		
	related OSH hazards as well as their		Scheme and explains the health hazards		
	preventive measures.		caused by noise at work and measures for		
Date:	2.4.2024 (Tuesday)		preventing hearing loss.		
Time:	3:30 pm to 5 pm	Date:	10.4.2024 (Wednesday)		
Venue:	Lecture Theatre, Hong Kong Central Library	Time:	3:30 pm to 5 pm		
	66 Causeway Road,	Venue:	Lecture Hall, Hong Kong Space Museum		
	Causeway Bay, Hong Kong		10 Salisbury Road,		
	(Opposite to Victoria Park /		Tsim Sha Tsui, Kowloon		
	MTR Tin Hau Station Exit B)		(MTR Tsim Sha Tsui Station Exit E)		
Speaker:	Occupational Hygienist	Speaker:	Representative from the Occupational		
	Occupational Safety Officer		Deafness Compensation Board		
	Occupational Health Nurse		Occupational Hygienist		
			Occupational Health Nurse		
	Health Talk (3)		Health Talk (4)		
Topic:	Occupational Health of Office Workers	Topic:	Prevention of Heat Stroke at Work in a		
	Series (III) More Exercise, Smart Work		Hot Environment		
Content:	Includes the benefits of exercise, and cover	Content:	Designed for workers in hot environments to		
	demonstrations and practice of workplace		enhance their awareness of heat stroke		
	exercises.		prevention, will cover symptoms of heat-		
Date:	24.4.2024 (Wednesday)		related illnesses, its first aid and preventive		
Time:	3:30 pm to 5 pm		measures.		
Venue:	Lecture Hall, Hong Kong Science Museum	Date:	29.4.2024 (Monday)		
	2 Science Museum Road,	Time:	6:30 pm to 8 pm		
		Venue:	Lastura Thastra Hang Vang Control Library		
	Tsim Sha Tsui East, Kowloon	venue:	Lecture Theatre, Hong Kong Central Library		
	Tsim Sha Tsui East, Kowloon (MTR Tsim Sha Tsui Station Exit B2)	venue:	66 Causeway Road,		
Speaker:	(MTR Tsim Sha Tsui Station Exit B2)	venue:			
Speaker:	(MTR Tsim Sha Tsui Station Exit B2)	venue:	66 Causeway Road,		
Speaker:	(MTR Tsim Sha Tsui Station Exit B2)	venue:	66 Causeway Road, Causeway Bay, Hong Kong		
Speaker:	(MTR Tsim Sha Tsui Station Exit B2)		66 Causeway Road, Causeway Bay, Hong Kong (Opposite to Victoria Park /		

Occupational Health Public Talk

May 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: <u>www.oshsreg.gov.hk/en</u> Enquiry: 2852 4040



Enquiry: 2	2852 4040		
	Health Talk (1)		Health Talk (2)
Topic:	Prevention of Heat Stroke at Work in a	Topic:	Prevention of Heat Stroke at Work in a
	Hot Environment and Heat Stress Risk		Hot Environment and Heat Stress Risk
	Assessment		Assessment
Content:	Designed for workers in hot environments	Content:	Designed for workers in hot environments to
	to enhance their awareness of heat stroke		enhance their awareness of heat stroke
	prevention, covers symptoms of heat-		prevention, covers symptoms of heat-related
	related illnesses, its first aid, preventive		illnesses, its first aid, preventive measures
	measures and risk assessment.		and risk assessment.
Date:	8.5.2024 (Wednesday)	Date:	14.5.2024 (Tuesday)
Time:	3:30 pm to 5 pm	Time:	3:30 pm to 5 pm
Venue:	Lecture Hall, Hong Kong Science Museum	Venue:	Lecture Theatre, Hong Kong Central Library
	2 Science Museum Road,		66 Causeway Road,
	Tsim Sha Tsui East, Kowloon		Causeway Bay, Hong Kong
	(MTR Tsim Sha Tsui Station Exit B2)		(Opposite to Victoria Park /
Speaker:	Occupational Hygienist		MTR Tin Hau Station Exit B)
	Occupational Health Nurse	Speaker:	Occupational Hygienist
			Occupational Health Nurse
	Health Talk (3)		Health Talk (4)
Topic:	Work and Common Gastrointestinal	Topic:	Manual Handling Operations and
	Diseases		Prevention of Back Injuries
Content:	Introduces some common gastrointestinal	Content:	Introduces the structure and functions of the
	diseases, their causes, symptoms and		back, causes and preventive measures of back
	treatments. In addition, it will highlight the		injuries, and proper manual handling
	mutual influence of work and common		operation. Demonstrations and practice of
	gastrointestinal diseases, and preventive		workplace exercises will be included.
	measures to promote employees'	Date:	28.5.2024 (Tuesday)
	occupational health.	Time:	6:30 pm to 8 pm
Date:	27.5.2024 (Monday)	Venue:	Lecture Theatre, Hong Kong Central Library
Time:	3:30 pm to 5 pm		66 Causeway Road,
Venue:	Lecture Hall, Hong Kong Science Museum		Causeway Bay, Hong Kong
	2 Science Museum Road,		(Opposite to Victoria Park /
	Tsim Sha Tsui East, Kowloon		MTR Tin Hau Station Exit B)
	(MTR Tsim Sha Tsui Station Exit B2)	Speaker:	Occupational Hygienist
Speaker:	Occupational Health Nurse		Occupational Health Nurse

Occupational Health Public Talk

June 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: <u>www.oshsreg.gov.hk/en</u> Enquiry: 2852 4040



Enquiry : 2852 4040				
Health Talk (1)		Health Talk (2)		
Topic:	Prevention of Heat Stroke at Work in a	Topic:	Prevention of Lower Limb Disorders and	
	Hot Environment and Heat Stress Risk		Guidance Notes on Standing at Work	
	Assessment	Content:	Introduces symptoms, treatment and	
Content:	Designed for workers in hot environments		preventive measures of some common lower	
	to enhance their awareness of heat stroke		limb disorders. Demonstration and practice	
	prevention, covers symptoms of heat-		of workplace exercise and a briefing on the	
	related illnesses, its first aid, preventive		Labour Department's "Guidance Notes on	
	measures and risk assessment.		Standing at Work and Service Counter	
Date:	3.6.2024 (Monday)		Design" will be included.	
Time:	3:30 pm to 5 pm	Date:	11.6.2024 (Tuesday)	
Venue:	Lecture Hall, Hong Kong Space Museum	Time:	6:45 pm to 8:15 pm	
	10 Salisbury Road,	Venue:	Lecture Theatre, Hong Kong Central Library	
	Tsim Sha Tsui, Kowloon		66 Causeway Road,	
	(MTR Tsim Sha Tsui Station Exit E)		Causeway Bay, Hong Kong	
Speaker:	Occupational Hygienist		(Opposite to Victoria Park /	
	Occupational Health Nurse		MTR Tin Hau Station Exit B)	
		Speaker:	Occupational Hygienist	
			Occupational Health Nurse	
	Health Talk (3)		Health Talk (4)	
Topic:	Occupational Safety and Health for	Topic:	First Aid in the Workplace	
	Confined Space Workers	Content:	Introduces basic knowledge of first aid and	
Content:	To enhance workers' OSH awareness in		explain how to assist and handle injured	
	confined spaces, the talk will explain the		employees in workplace accidents through	
	related OSH hazards as well as their		case illustrations.	
	preventive measures.	Date:	24.6.2024 (Monday)	
Date:	14.6.2024 (Friday)	Time:	3:30 pm to 5 pm	
Time:	3:30 pm to 5 pm	Venue:	Lecture Theatre, Hong Kong Central Library	
Venue:	Lecture Hall, Hong Kong Space Museum,		66 Causeway Road,	
	10 Salisbury Road,		Causeway Bay, Hong Kong	
	Tsim Sha Tsui, Kowloon		(Opposite to Victoria Park /	
	(MTR Tsim Sha Tsui Station Exit E)		MTR Tin Hau Station Exit B)	
Speaker:	Occupational Hygienist	Speaker:	Occupational Health Nurse	
	Occupational Safety Officer			
	Occupational Health Nurse			